



## **Health & Fitness Programs - Special Olympics Florida**

This group offers health and fitness programs for athletes who have intellectual disabilities. They help to make sure their health needs are being met. Please call or visit the [website](#) to learn more.

### **Programs Include:**

- Meet Our Health Messengers
- Fit 5 Program
- Health and Fitness Webinar Series
- Healthy Kids at Play Toolkit
- MyHealth (a fun, self-paced, online learning environment)
- Healthy Athletes
- Healthy Community

### **Service Location**

313 W Fletcher Ave  
Tampa, FL 33612  
United States

813.484.6003

## **Provider**

### **URL**

<https://www.specialolympicsflorida.org/>

Special Olympics is a group that has athletic programs for people with intellectual disabilities. Here they can train and compete in many Olympic type sports. The group helps people to work on their physical fitness and to build friendships. Please call or visit the website to learn more.

### **Programs include:**

- Athlete Leadership
- Camp Shriver
- Health & Fitness

- Home Fitness
- Sports
- Unified Champion Schools
- Youth & Adaptive Sports

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