

# **Movement Classes - Parkinson's Association of SW FL**

This group offers movement classes for all ability levels. They are virtual and in-person. There is no charge. A membership application and waiver must be filled out before you take a class. Please call or visit the website to learn more.

#### Zoom Classes Available:

- Advance Movement
- Gentle Movement
- Tai Chi

### In-Person Classes Available:

- Dance for PD
- Exercise Sessions

#### Service Location

2575 Northbrooke Plaza Dr, Ste 301 Naples, FL 34119 United States

239.417.3465

### **Provider**



URL

## https://parkinsonassociationswfl.org/index.html

This agency is a nonprofit group. They offer a variety of programs and services. Their goal is to help grow the quality of life for people who are living with PD and other related diseases. Please call or visit the website to learn more.

Public Email office@ParkinsonAssociationSWFL.org Address

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