



[Healthy Families Florida](#)

The Healthy Families Florida program is a family support and coaching program. It is open to expectant parents and to parents of newborns. Parents learn about how to address their babies' needs. They learn ways to do positive discipline. Parents can learn ways to cope with stress in healthy ways. They also set short- and long-term goals. Please call or go to the [website](#) for [locations](#) and to learn more.

Services:

- Healthy Child Development
- Parenting Tools and Tips
- Self-Care for Parents and Caregivers
- Safe Sleep
- Injury Prevention
- Water Safety

Service Location

1800 SE 32nd Avenue, Suite 102
Ocala, FL 34471
United States

352.742.6170

Provider



URL

<https://www.healthyfamiliesfla.org/>

Healthy Families is an at-home program created to help pregnant women, newborns, and families. Services must begin either before the birth or by the baby's third month. Services to the family may be offered for up to 5 years. Please call for more info.

Address

111 N Gadsden St
Tallahassee, FL 32301
United States

850.488.1752

Source URL: <https://rightservicefl.org/node/21529>