



Wellness Coaching - Elder Options

This group provides wellness coaching. The services are for older and disabled adults. The coaching helps improve social, emotional, and physical well being. Please call or visit the [website](#) for more information.

Programs Available:

- Enhance Wellness Program
- Program to Encourage Active Rewarding Lives (PEARLS)

Service Location

100 SW 75th St, Ste 301
Gainesville, FL 32607
United States

1.800.262.2243

Provider



URL

<https://agingresources.org/>

This group provides information and resources on aging. It helps the elderly. It also helps people with disabilities.

Programs & Services:

- Abuse In Later Life Program
- Caregiver Training and Support
- Elder Abuse
- Elder Helpline
- GUIDE: Dementia Care

- Healthy Aging
- Home & Community Based Care
- SHINE Medicare Assistance
- Veterans Directed Care
- Wellness Coaching and Support

Public Email

options@agingresources.org

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