



URL

<https://www.floridahealth.gov/programs-and-services/wic/index.html>

This program is called WIC for short. It is for pregnant women and children up to five years old. WIC provides the following at no cost: healthy foods, nutrition education and counseling, breastfeeding support and referrals for health care. Each eligible family gets an EBT card to use at the grocery store. They also get a list of foods to purchase at the lowest prices.

Public Email

health@flhealth.gov

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