

Movement Classes - Parkinson Association of SW FL

This group offers movement classes. These classes are for all ability levels. They are available virtually and in-person. There is no charge to participate. A membership application and waiver must be filled out prior to taking a class. Please call or visit the <u>website</u> for more information.

Zoom Classes Available:

- Advance Movement
- Gentle Movement
- Tai Chi

In-Person Classes Available:

- Dance for PD
- Exercise Sessions

Service Location

2575 Northbrooke Plaza Drive, Suite #301 Naples, FL 34119 United States

239.417.3465

Provider



https://parkinsonassociationswfl.org/index.html

The Parkinson Association of SW FL is a nonprofit. This group provides a variety of programs and services. The goal is to improve the quality of life for people affected by the disease. As well as other related diseases.

Public Email office@ParkinsonAssociationSWFL.org Address

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