



## [Healthy Start Services - Healthy Start of Southwest Florida](#)

This group offers healthy start services. It is a voluntary program. The program is for parents expecting a baby or that have a newborn. This program provides support to help pregnant women and children. It helps them access services and support needed to be as healthy as possible. Please call or visit the [website](#) for more information.

**Toll Free:** 1.800.883.1959

Services Include:

- Check-ups of the baby's health and development
- Free classes in baby care, breastfeeding, and childbirth education
- Free parenting classes
- Grief counseling
- Help to have a healthy pregnancy weight
- Help to stop smoking
- Help with breastfeeding, including in-home postpartum support
- Help with high stress, difficult problems or postpartum depression
- Help with necessary baby supplies
- Information about local resources
- Phone calls or visits with a Care Coordinator, who is a trained nurse or social service worker

Service Location

1921 Jefferson Ave  
Fort Myers, FL 33901  
United States

239.425.6920

**Provider**



URL

<https://healthystartbaby.org/>

Healthy Start of Southwest Florida is a not-for-profit group. The mission of the group is to increase healthy births. They do this by improving the health and development outcomes for young children as well as reducing the number of infant deaths.

Programs & Initiatives:

- FOCUS Program
- Healthy Start Services
- Help Me Grow
- Nurse Family Partnership
- Substance Exposed Newborn Prevention & Protection

Public Email

[info@healthystartbaby.org](mailto:info@healthystartbaby.org)

Address

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