



## **Nutrition/Meals on Wheels - Elder Care Services, Inc.**

This group has nutrition services programs. These programs provide a hot, nutritious meal for seniors. This meal meets 1/3 of the recommended daily nutritional needs. The Meals on Wheels program is volunteer driven. It is for home-bound seniors. There is no cost to the senior. Meals are delivered Monday through Friday. Please call 850.921.5554 or click [HERE](#) to go to the website to learn more.

Services Include:

- Congregate Meal Sites
- Private pay Meals on Wheels (hot and frozen meals available)
- Subsidized Meals on Wheels (hot and frozen meals available)

Service Location

2518 W Tennessee St  
Tallahassee, FL 32303  
United States

850.921.5554

## **Provider**



URL

<https://eldercarebigbend.org/>

This agency works to improve the quality of life. The services are for seniors and their caregivers.

Services Include:

- Elder Day Stay
- In-Home Services

- Nutrition/Meals on Wheels
- Senior Outreach Program
- Senior Volunteer Program

Public Email

info@ecsbigbend.org

Address

2518 W Tennessee St  
Tallahassee, FL 32304  
United States

850.921.5554

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