



[Elder Day Stay - Elder Care Services, Inc.](#)

Elder Day Stay is an adult day care center for seniors who need daytime supervision. It is open every weekday from 8:00 am - 5:30 pm. Please call or visit the [website](#) to learn more.

Services include:

Companionship
Social gatherings
Intellectual stimulation activities
Meals
Exercise
Mobility assistance
Medication management

Service Location

1660-11 N Monroe St
Tallahassee, FL 32303
United States

850.222.4208

Provider



URL

<https://eldercarebigbend.org/>

Elder Care Services, Inc. helps seniors and their caregivers living in the Big Bend.

Services Include:

- Elder Day Stay

- In-Home Services
- Nutrition / Meals on Wheels
- Senior Volunteer Opportunities
- Senior Outreach Services

Public Email

info@ecsbigbend.org

Address

2518 W Tennessee St
Tallahassee, FL 32304
United States

850.921.5554

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