



## **Home Visits-Healthy Start Home Visiting Services**

The Healthy Start program provides services and support needed by pregnant women to have a healthy pregnancy and healthy baby.

### Services

- Pregnancy health education
- Nutrition education
- Childbirth preparation
- Breastfeeding education and support
- New baby care
- Parenting education and support
- Help to quit smoking
- Stress management and emotional support
- General support and community referrals

For more information, visit our website at <https://capitalareahealthystart.org/>

### Service Location

1311 N Paul Russell Rd Ste A101  
Tallahassee, FL 32301-4855  
United States

850-488-0288

## **Provider**



URL

<https://capitalareahealthystart.org/>

This group is called CAHSC for short. It is a nonprofit. The group is a community coalition that works to improve the health of infants and their families. It offers many programs and initiatives.

Programs & Services:

- Breastfeeding education and support
- Childbirth preparation
- Community Referrals
- General Support
- Help to quit smoking
- New baby care
- Nutrition education
- Parenting education and support
- Pregnancy health education
- Stress management and emotional support

Public Email

[info@capitalareahealthystart.org](mailto:info@capitalareahealthystart.org)

Address

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