



## [Home Visits-Healthy Start Home Visiting Services](#)

The Healthy Start program provides services and support needed by pregnant women to have a healthy pregnancy and healthy baby.

### Services

- Pregnancy health education
- Nutrition education
- Childbirth preparation
- Breastfeeding education and support
- New baby care
- Parenting education and support
- Help to quit smoking
- Stress management and emotional support
- General support and community referrals

For more information, visit our website at <https://capitalareahealthystart.org/>

### Service Location

1311 N Paul Russell Rd Ste A101  
Tallahassee, FL 32301-4855  
United States

850-488-0288

## **Provider**

The Healthy Start program provides services and support needed by pregnant women to have a healthy pregnancy and healthy baby. Every woman who receives a positive pregnancy test from her health care provider is offered a Prenatal Risk Screen. This screen helps us identify any risks that could negatively affect you and the baby. Healthy Start services are no charge to you and include:

Pregnancy health education  
Nutrition education

Childbirth preparation  
Breastfeeding education and support  
New baby care  
Parenting education and support  
Help to quit smoking  
Stress management and emotional support  
General support and community referrals

Public Email  
info@capitalareahealthystart.org  
Address

1311 N Paul Russell Rd Ste A101  
Tallahassee, FL 32301  
United States

850-488-0288

---

**Source URL:** <https://rightservicefl.org/node/21278>