



Home Visits-Healthy Start Home Visiting Services

The Healthy Start program provides services and support needed by pregnant women to have a healthy pregnancy and healthy baby.

Services

- Pregnancy health education
- Nutrition education
- Childbirth preparation
- Breastfeeding education and support
- New baby care
- Parenting education and support
- Help to quit smoking
- Stress management and emotional support
- General support and community referrals

For more information, visit our website at <https://capitalareahealthystart.org/>

Service Location

1311 N Paul Russell Rd Ste A101
Tallahassee, FL 32301-4855
United States

850-488-0288

Provider

The Healthy Start program provides services and support needed by pregnant women to have a healthy pregnancy and healthy baby. Every woman who receives a positive pregnancy test from her health care provider is offered a Prenatal Risk Screen. This screen helps us identify any risks that could negatively affect you and the baby. Healthy Start services are no charge to you and include:

Pregnancy health education
Nutrition education

Childbirth preparation
Breastfeeding education and support
New baby care
Parenting education and support
Help to quit smoking
Stress management and emotional support
General support and community referrals

Public Email
info@capitalareahealthystart.org
Address

1311 N Paul Russell Rd Ste A101
Tallahassee, FL 32301
United States

850-488-0288

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