



Sister Friends Tallahassee Birthing Project

As the premier, African American woman-led maternal and child health grassroots, non-profit organization in the country, The Birthing Project USA (BPUSA) mission is to shepherd, support, and improve the health status of women of color by assisting local and global communities in addressing the systemic causes of their lack of well-being.

The Sister Friends Tallahassee Birthing Project brings the Sister Friend model to our community to address the challenge of a mother's lack of knowledge or understanding about causes and ways to prevent unhealthy pregnancies and birth outcomes. The program will allow women who understand their community resources to be a link between these resources and women who need those resources.

For more information, visit our [website](#) .

Service Location

1311 N Paul Russell Rd, Ste A101
TALLAHASSEE, FL 32301-4855
United States

850-488-0288

Provider

The Healthy Start program provides services and support needed by pregnant women to have a healthy pregnancy and healthy baby. Every woman who receives a positive pregnancy test from her health care provider is offered a Prenatal Risk Screen. This screen helps us identify any risks that could negatively affect you and the baby. Healthy Start services are no charge to you and include:

- Pregnancy health education
- Nutrition education
- Childbirth preparation
- Breastfeeding education and support
- New baby care

Parenting education and support
Help to quit smoking
Stress management and emotional support
General support and community referrals

Public Email
info@capitalareahealthystart.org
Address

1311 N Paul Russell Rd Ste A101
Tallahassee, FL 32301
United States

850-488-0288

Source URL: <https://rightservicefl.org/node/21279>