



## **Healthy Families Florida**

The Healthy Families Florida program is a family support and coaching program. It is for parents expecting a baby and parents with newborns. Parents can learn about their babies' needs. Parents can learn how to do positive discipline. Parents can learn healthy ways to cope with stress. Please call or go to the [website](#).

### **Services:**

- Healthy Child Development
- Parenting Tools and Tips
- Self-Care for Parents and Caregivers
- Safe Sleep
- Injury Prevention
- Water Safety

### Service Location

1800 SE 32nd Ave  
Ste 102  
Ocala, FL 34471  
United States

352.742.6170

### **Provider**



URL

<https://www.healthyfamiliesfla.org/>

Healthy Families is an at-home program created to help pregnant women, newborns, and families. Services must begin either before the birth or by the baby's third month. Services to the family may be offered for up to 5 years. Please call for more info.

Address

111 N Gadsden St  
Tallahassee, FL 32301  
United States

850.488.1752

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