



## **Behavioral Health - True Health**

True Health has a range of behavioral health services. These services help clients reach their best mental health. Please call or go to the [website](#) for locations and to learn more.

Services Available Include:

- Opioid Addiction
- Alcohol Addiction
- Drug Addiction
- ADHD
- Adjustment or Change in Life Issues
- Anger Management
- Anxiety & Panic Disorders
- Bipolar Disorder
- Communication Skills Training
- Crisis Intervention
- Depression
- Dual Disorders
- Family Counseling
- Pain Management
- Post-Traumatic Stress Disorder
- Obsessions/Compulsions
- Relationship Counseling

Service Location

4930 East Lake Mary Blvd  
Sanford, FL 32771  
United States

407.322.8645

**Provider**



URL

<https://www.mytruehealth.org/>

True Health is a private healthcare organization. They are a nonprofit. Please call or visit the website for more information.

Public Email

[info@mytruehealth.org](mailto:info@mytruehealth.org)

Address

4930 E Lake Mary Blvd

Sanford, FL 32771

United States

407.322.8645

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