



## [Health & Wellness - Boys & Girls Club of Tampa Bay](#)

This group offers a variety of programs under their Health & Wellness service. These programs help kids increase their healthy habits. They also strengthen their ability to interact positively with others. As well as forming healthy relationships. The programs promote health eating and exercise. They also promote self-esteem, self-care, mental health, and making smart choices. Please call or visit the [website](#) for more information.

Programs Available:

- Cyber Safety
- Healthy Habits
- Passport to Manhood
- SMART Girls
- SMART Moves
- Triple Play

Service Location

1307 N MacDill Avenue  
Tampa, FL 33607  
United States

813.875.5771

## **Provider**

URL

<https://www.bgctampa.org/>

This agency serves youth in Hillsborough and Pasco counties. It is for young people from 5 to 18. It offers a safe place for youth to be after school and during the summer. The Clubs are accessible and affordable for everyone. There are Club scholarships for families in need. The Clubs offer several interesting activities that foster a sense of community and life skills.

Please see the website for details.

Address

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Tampa, FL 33607  
United States

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